

## **PE and Sports Premium**

Sport and increased physical activity have long been recognised as important areas to promote through education and beyond. Physical activity and playing sports are beneficial for the health of individuals but also has the capacity to bring communities together. The London 2012 Olympics and Paralympics created increased excitement about sport and inspired many to take up and participate in activities they had never tried before. The government recognised the importance of maintaining that interest and ensuring that the legacy of the Games continued, and so have invested millions of pounds into schools through the PE and Sport Premium. Since 2013 primary schools have been entitled to this funding in order to make additional and sustainable improvements to the quality of PE and sport they offer.

For more information about the PE and Sport Premium, please click here.

<https://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools>

Physical development, which includes PE, swimming, MOVE and Sensory Processing work is vital to the children at Willow Dene. Through participation in PE, our children develop their motor skills and learn how to control their bodies in different and more refined ways, through personalised and engaging activities. They also acquire key values such as respect, co-operation and kindness. Our facilities are highly specialised and have been chosen to meet the wide variety of needs our children have. The PE and Sports Premium has meant that we are able to invest in specific areas we would like to develop as a school that will have long term effects on the health, well-being, learning and development of our children.

In order to assess the impact of the PE and Sports Premium we are able to reference pupil attainment using our Learning Journey assessment, which is recorded using Evidence for Learning, as well as through our Annual Reviews, MOVE assessments and discussions with staff and parents. We are then able to see if there are specific areas that children need to develop and if there are trends throughout the school.

<b>Key achievements to date</b>	<b>Areas for further improvement and baseline evidence of need</b>
<ul style="list-style-type: none"><li>- Investment in high quality robust equipment to meet the specialised needs of our children – such as the medi-motion bikes</li><li>- Investment into resources to support a wider range of sports and fitness activities, in particular to support classes to be active safely during Covid</li></ul>	<ul style="list-style-type: none"><li>- Increased secondary swimming opportunities, through the development of an on-site provision.</li><li>- Staff training to become more confident in delivering high quality teaching and fitness opportunities for all children, through specialised input from professionals</li></ul>

**Year 2023-24**

**We will receive £18,230 in sports premium funding.**

<b>How we plan to the invest money</b>	<b>The intended impact on the children's PE and sport participation and attainment</b>	<b>Sustainability?</b>
<p>- To expand the service of our personal fitness provision to provide targeted support to children, families and staff:</p> <ul style="list-style-type: none"> <li>- Money towards a new fitness officer who will take on a role that will support children, families and staff across the school (<b>approx £6,500</b>)</li> </ul>	<p>Children can work alongside the fitness officer to complete individual fitness goals and programmes to develop their overall fitness and movement for complex needs children.</p>	<p>Staff will have the opportunity to develop children's individual fitness programmes based on their knowledge. The fitness officer will also support in PE lessons for non-specialists and staff who are less confident within this area. Staff will be able to apply many of the activities and strategies for other children who would benefit from it.</p>
<p>- To develop our community links for our new sixth form and encourage their independence and confidence within the community.</p> <ul style="list-style-type: none"> <li>- Money towards specialist equipment being based in the community e.g. meditation bike in local gym alongside accessible muscle toning equipment (<b>approx. £5,500</b>)</li> </ul>	<p>Young people are able to develop their independence and access specialised equipment within the community. An arrangement with the local gym will be made to establish a regular visit.</p>	<p>The expanding sixth form will allow more young people to access this provision, it can also be used for KS4 classes to encourage independence and community living.</p>
<p>- To develop the skills of staff in order to support the delivery of PE across both school sites</p> <ul style="list-style-type: none"> <li>- Online personal training/nutrition training/specialist workouts (£1,999 pp)</li> </ul>	<p>Children will have access to staff who have greater knowledge of their health and fitness needs. Staff will be able to share their knowledge</p>	<p>Knowledge will be shared and the expansion of the provision to write individual plans will improve across the school. This will improve the practice</p>

<ul style="list-style-type: none"> <li>- Two members of staff (£3,998)</li> <li>- Cover to allow staff to complete course £140 per day (approx 5 days for combined - £700)</li> <li>- <b>Total (approx. £4,698)</b></li> </ul>	<p>with other staff members and the wider school community, in order for everyone to benefit</p>	<p>of a greater number of staff overall. Children are already beginning to see improved PE and fitness delivery from staff</p>
<p>- To develop outside spaces at the secondary site within the shared playground.</p> <ul style="list-style-type: none"> <li>- Hard wearing equipment (Approx. £1000)</li> <li>- Additional equipment and storage (approx. £500)</li> <li>- <b>Total (£1500)</b></li> </ul>	<p>Children have access to high quality, sustainable equipment to support them in their learning of a wider range of sports. Children have access to playground equipment that invites them to be more active and share active experiences.</p>	<p>Equipment purchased has been hard wearing and sustainable. Storage has been purchased where appropriate to ensure equipment is stored safely and securely to avoid unnecessary damage</p>

**Year 6 Swimming Data:**

**All our Year 6 children are still working towards swimming 25 metres independently. They are also working towards using a variety of strokes and safe rescue in a variety of water-based situations.**

**Year 2022-23**

**We received £18,020 in sports premium funding.**

<b>How we invested the money</b>	<b>The impact on the children's PE and sport participation and attainment</b>	<b>Sustainability?</b>
<ul style="list-style-type: none"> <li>- We continued to develop our personal fitness provision to provide targeted support to children, families, and staff:</li> <li>- Money towards a new personal trainer supported children, families and staff across the school.</li> <li>- - Total – (approx. £6,800)</li> </ul>	<p>Children had access to a fitness professional which supported them in their individual fitness goals</p>	<p>Staff worked alongside the personal trainer to improve their own understanding of fitness and supported children in their programmes in the trainers absence.</p> <p>Knowledge and advice from the personal trainer was</p>

		disseminated through to the children, staff, and families, involving everyone at different points and improving fitness and lifestyle for all.
<ul style="list-style-type: none"> <li>- Our swimming provision was expanded which developed the skills of both children and staff across both sites:</li> <li>- A new swimming assistant was employed in anticipation of the sixth form provision.</li> <li>- Total (approx. £6,800)</li> </ul>	Children had access to high quality, targeted swimming sessions	Quality, innovative swimming sessions were provided for all children to meet their individual needs.
<ul style="list-style-type: none"> <li>- Provided children with regular opportunities to engage in physical sports, activities, and clubs with outside professionals.</li> <li>- Charlton athletic community trust – two coaches to deliver weekly sessions: £68 per session (£17pp)</li> <li>- Total (approx. £1,632)</li> </ul>	Children were given further opportunities to develop social skills, physical skills, exercise, make new friends and have fun outside of their class groups	Quality sessions were provided where children learnt new skills to apply across the curriculum,  Knowledge and advice from sporting professionals was disseminated through to the children, staff and families.
<ul style="list-style-type: none"> <li>- The aim was to develop the skills of staff to support the development of our rebound therapy provision, to provide opportunities for movement, therapeutic exercise and recreation of our children and to share their new skills:</li> <li>- Two-day course for two members of staff to complete: £516 (£258pp)</li> <li>- Cover while staff are training: £140 per day for 2 days (£560 (£280pp)</li> <li>- Resources to support children's tone, mobility, and independent movement: £500</li> <li>- Total (approx. £1,576)</li> <li>- <b>This was not achieved and therefore not spent.</b></li> </ul>	Due to staffing and timetable constraints this was not delivered.	NA

<ul style="list-style-type: none"> <li>- High standard PE equipment to support delivery of physical education, sensory integration, developing unit maps and outside areas across both sites was brought and utilised.</li> <li>- Equipment (approx. £2000)</li> <li>- Storage (approve £200)</li> <li>- Total (appro £2200)</li> </ul>	<p>Children had access to high quality, sustainable equipment to support them in their learning of a wider range of sports.</p> <p>Children had access to shared playground equipment that invited them to be more active and engage in play.</p> <p>Children had access to sensory trails in school that promote active learning. They had access to pathways to be used to create a break for children to be able to 'reset' by processing simple activities and actions.</p>	<p>Equipment purchased was hard wearing and sustainable.</p> <p>Storage was purchased where appropriate to ensure equipment was stored safely and securely to avoid unnecessary damage.</p>
<ul style="list-style-type: none"> <li>- Online resource to support children working on MOVE and Headfirst to look up</li> <li>- Help kidz learn subscription:</li> <li>- Total – (£199.00)</li> </ul>	<p>Children who find it a challenge to lift their heads, had motivating reasons to do so using specialised online games aimed at encouraging movement for children with complex needs.</p>	<p>The online resource supported teachers with ideas on how to create their own digital resource to encourage children to develop their movement skills.</p>

**Year 6 Swimming Data:**

**All our Year 6 children are still working towards swimming 25 metres independently. They are also working towards using a variety of strokes and safe rescue in a variety of water-based situations.**

**Year 2021-22**

**We received £17,860 in sports premium funding.**

<b>How we invested the money</b>	<b>The impact on the children's PE and sport participation and attainment</b>	<b>Sustainability?</b>
<ul style="list-style-type: none"> <li>- To further develop our personal fitness provision to provide targeted support to children,</li> </ul>	<p>Children have had access to a fitness professional who has</p>	<p>Staff have worked alongside the personal trainer and</p>

<p>families and staff:</p> <ul style="list-style-type: none"> <li>- Money towards a new personal trainer who will take on a role that will support children, families and staff across the school <b>£6,800</b></li> </ul>	<p>been able to support them in their individual fitness goals. Children that have worked with our personal trainer have become more active and many have achieved the goals set out for them. Our personal trainer has also been able to work with children through the tutoring program</p>	<p>have improved their own understanding of fitness and been able to support children in their programs even when the trainer is not there. They have also been able to apply many of the activities and strategies for other children who would benefit from it. Knowledge and advice from the personal trainer has been disseminated through to the children, staff and families, involving everyone at different points and improving fitness and lifestyle for all</p>
<p>- To further develop our swimming provision through expanding our provision and developing the skills of both children and staff:</p> <ul style="list-style-type: none"> <li>- Money towards appointing a swimming teacher who will expand our swimming offer and develop the swimming abilities and opportunities for children across the school <b>£6,800</b></li> </ul>	<p>Children have had access to high quality, targeted swimming sessions, including in our new Spa Pool at Oakmere Road</p>	<p>Quality, innovative swimming sessions have been provided for all children to meet their individual needs Staff have gained new skills such as Liquid Vibrations training which can then be disseminated and used more widely</p>
<p>- To develop the skills of staff in order to support our personal trainer to develop the health and fitness of our children and to share their new skills:</p> <ul style="list-style-type: none"> <li>- Personal Training Level 2 course and staff cover</li> <li>- Course for two members of staff to complete: £1,598 (£799pp)</li> <li>- Cover while staff are training: £140 per day for 6 days £1,680 (£840pp)</li> </ul>	<p>Children have had access to staff who have greater knowledge of their health and fitness needs Staff have been able to share their knowledge with other staff members and the wider school community, in order for everyone to benefit</p>	<p>The knowledge that the staff gain on the training is being gradually shared with others (training not quite complete). This will improve the practice of a greater number of staff overall Children are already beginning to see improved PE and fitness delivery from</p>

<p>- Total – <b>£3,280</b></p>		<p>staff</p>
<p>- To maintain a high standard of sustainable PE equipment to support unit maps and outside areas:</p> <ul style="list-style-type: none"> <li>- Equipment (Approx. £800)</li> <li>- Storage (Approx. £200)</li> <li>- Total – <b>£1000</b></li> </ul>	<p>Children have access to high quality, sustainable equipment to support them in their learning of a wider range of sports Children have access to playground equipment that invites them to be more active</p>	<p>Equipment purchased has been hard wearing and sustainable. Storage has been purchased where appropriate to ensure equipment is stored safely and securely to avoid unnecessary damage</p>
<p>Excess not spent from last year's budget due to Covid: <b>£4982.73</b>. The money left over from last year has been spent on:</p> <ul style="list-style-type: none"> <li>- Outdoor resources for Partridge and Pheasant Class - £140.85</li> <li>- Online resource to support children working on MOVE and Head First to look up - Help Kidz Learn subscription - £199.00</li> <li>- Resources towards our Spa Pool – £3,442.88</li> <li>- Personal Trainer - £1,200</li> </ul>	<p>Children in our two new classes have shared, durable outdoor equipment to support outdoor active play and games. This equipment is positioned close by so it can be used frequently</p> <p>Children who find it a challenge to lift their heads, now have motivating reasons to do so using specialised online games aimed at encouraging movement for children with complex needs</p> <p>The spa pool has been resourced with equipment to support all children in their swimming, including specialised floatation devices and engaging props to encourage movement in the water</p> <p>The personal trainer started later than anticipated due to Covid. The personal</p>	<p>The equipment and resources purchased for the new classes is long lasting and durable. Portable equipment has been timetabled between the classes to prevent damage</p> <p>The online resource is supporting teachers with ideas on how to create their own digital resources to encourage children to develop their movement skills</p> <p>Resources and equipment purchased for the spa pool are good quality and hard wearing as they will be used frequently</p> <p>Children have access to high quality physical development through a specialist. This specialist is able to support staff to improve their own skills and knowledge around fitness. They</p>

	<p>trainer now works closely with individual children with identified needs and groups of children to support general fitness. It is hoped he will also be able to work with more staff to maintain their fitness and well-being too</p>	<p>are also able to help staff with their own fitness in order to reduce sickness</p>
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### **Year 6 Swimming Data:**

**All our Year 6 children are still working towards swimming 25 metres independently. They are also working towards using a variety of strokes and safe rescue in a variety of water-based situations.**

### **Year 2020-21**

**Last year, we received £17,800 in sports premium funding.**

<b>How we invested the money</b>	<b>The impact on the children's PE and sport participation and attainment</b>	<b>How it is sustainable</b>
<p>- We enhanced our curriculum through extending the range of activities and sports available:</p> <ul style="list-style-type: none"> <li>- Long lasting and durable equipment to support teaching new sports for example basketball hoops, yoga equipment, athletics</li> <li>- Actual spent - £4,547.85</li> </ul>	<p>Children have had access to a wider range of sports and activities which has broadened their interests and staff have reported that some children have now found sports they really enjoy</p> <p>Children have been able to develop a wider range of physical skills</p>	<p>We bought a large amount of durable and sustainable equipment in order to continue to deliver PE in a Covid safe environment. All classes received their own equipment that was not shared, to ensure children had access to a range of sports in a Covid safe way</p>
<p>- To develop physical development and sensory regulation opportunities through use of specialised medi-motion bikes:</p>	<p>Now that we have more medi-motion bikes, children are now able to access them more frequently to support their</p>	<p>Medi-motion bikes are high quality and durable. They are adaptable in order to cater to the wide range of needs our</p>



<ul style="list-style-type: none"> <li>- Long Medi-Motion bikes - £7,722</li> <li>- Pulse Oximetre - £78.66</li> <li>- Actual spent - £7,800.66</li> </ul>	<p>flexibility and strength</p> <p>The bikes we have purchased are different sizes to support children at different stages of their development</p>	<p>children have, such as different seating options. We have different sized bikes located across both schools so children can continue to use them as they grow</p>
<p>- To ensure all children have access to high quality and motivating movement programs that can be used in class if constrained by Covid restrictions again</p> <ul style="list-style-type: none"> <li>- 5-a-Day</li> <li>- Actual spent - £328</li> </ul>	<p>Children have been able to access 5-a-Day fitness within their classes. Teacher have said this has been a great resources, especially in light of Covid restrictions which has meant some children have had to do most of their PE sessions in class</p>	<p>It has improved teacher confidence in delivering fitness sessions with their classes.</p>
<p>- To develop MOVE breakout areas in order for children on the MOVE program to work on their MOVE programs more flexibly</p> <ul style="list-style-type: none"> <li>- Portable speaker</li> <li>- Actual spent - £89.95</li> </ul>	<p>Having a portable speaker has allowed children to be active throughout the school. Many children are motivated by music, or specific songs, which encourage and inspire them to keep going, such as a song when using a walker or trike</p>	<p>MOVE co-ordinator has reported that the speaker is durable, waterproof and compatible with our music system, so we are hoping to purchase more</p>
<p>- To improve staff knowledge around health and safety in PE</p> <ul style="list-style-type: none"> <li>- Association for Physical Education Safe Practice Handbook</li> <li>- Actual spent - £50.81</li> </ul>	<p>Children will benefit from staff who have a greater depth of knowledge about safety when planning and delivering PE lessons. Equipment and movements will be more carefully considered</p>	<p>The handbook will be used as a point of reference for anyone that needs it within the school. It will remain with the PE lead and be loaned out as required</p>