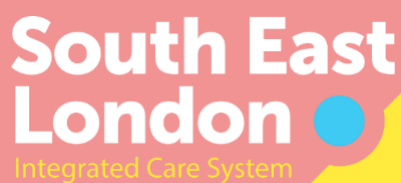


# Greenwich Short Breaks

2023-2027



## A Guide for Families and Professionals



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**\*Please note that the information in this guide is often updated and subject to change. If any details for the providers are incorrect, we will endeavour to bring them up to date as soon as possible.**

## ***Short Breaks in Greenwich – an overview***

### **What are Short Breaks?**

Short Breaks are designed to help families to care for their disabled children by providing them with regular breaks. This is so that they can meet the needs of other children in the family; study or take part in leisure activities themselves; or carry out day-to-day household tasks. Greenwich also want short breaks to enable children and young people to access positive, meaningful activities in the local community.

### **Who can access?**

Anyone aged 5-17 who lives in Greenwich and has an Education, Health, and Care (EHC) plan, or aged 18+ who has been assessed as eligible for support under the Care Act 2014 can access Short Breaks. To register, contact the Short Breaks team, or download the registration forms on the Local Offer website.

### **How much does it cost?**

The commissioned short breaks are heavily subsidised by Greenwich. The only cost to families is the access fees which are set by the providers. This currently ranges from £2.50 to £5 per hour.

To ensure that you and your child are accessing the benefits you are entitled to, you can contact the Welfare Rights service on 020 8921 6375.

### **What activities are on offer?**

There are 5 organisations across Greenwich which provide Short Breaks for disabled children and young people. Information can be found about each of them in this guide. Each provision offers a wide range of activities, trips, and community-based opportunities with a focus on having fun and developing independence.

The 2023-2027 Short Breaks offer has been co-produced with children, young people, and the Greenwich Parent Carer Participation Forum to ensure that it meets the needs of local families.

### **How much can a child or young person access each year?**

From 1<sup>st</sup> April to 31<sup>st</sup> March each year, a child or young person aged 5-17 can access up to 100 hours of commissioned activities. This works out to be up to 20 - 25 sessions per year, depending on which provision(s) you access. These can be used flexibly when families feel that they are most needed.

For those aged 18+, a young person can access up to 8 sessions per year alongside their regular support package.

It is important to note that there are times throughout the year when service demand is high, and therefore provision cannot be guaranteed. However, providers

will work with you to ensure that you get access to the support when needed as often as possible.

### **What is available for children with SEND aged 0-4?**

In Greenwich there is a variety of support available for children and their families from local Children's Centres. These have a range of activities and services that are available to children with special educational needs and/or disabilities.

These inclusive sessions provide additional staff who are qualified and experienced in working with SEND. The sessions also offer a space for parents and carers to come together, discuss their experiences and get support and advice. For more information, check the Short Breaks page on the Local Offer, or contact the Families Information Service (FIS) by emailing [fis@royalgreenwich.gov.uk](mailto:fis@royalgreenwich.gov.uk) or calling 020 8921 6921.

### **Is there a website?**

The Greenwich Local Offer has all of the information you need on the Short Breaks services:

<https://greenwichcommunitydirectory.org.uk/kb5/greenwich/directory/localoffer.page?localofferchannel=0>. You can also google "Greenwich Short Breaks".

### **Who can we contact?**

For any queries or to register for the service, contact the Short Breaks team by emailing [Short-Breaks-Referrals@royalgreenwich.gov.uk](mailto:Short-Breaks-Referrals@royalgreenwich.gov.uk) or call 0208 921 3002.





## **Targeted and Specialist support explained**

### **Targeted Services**

These services are aimed at children and young people with special educational needs or disabilities (SEND) who require more support to take part in activities. They benefit from higher staff ratios than mainstream activities, and staff who have additional knowledge and skills in supporting children and young people with SEND. This will include those with moderate level of need including ASD, moderate learning difficulties or communication needs.

They are likely to be attending mainstream education provision with access to 1:1 and/or small group learning throughout the day. It is generally expected that a child or young person with SEND would have their social and peer outcomes met through accessing the targeted offer.

Any child or young person with an Education, Health, and Care (EHC) plan who lives in Greenwich can access the targeted services under the Short Breaks offer. The targeted Short Break core offer can be accessed from when an education, health and care needs assessment has been agreed in relation to the child's SEND. If the outcome of the EHC needs assessment is that the child does not require an EHC plan to be issued, the child would then be able to continue in universal youth services.

### **Specialist Services**

This support is aimed at children and young people who have more complex needs – this can be severe ASD, severe learning difficulties and/or complex medical or health needs.

These programmes provide an even higher staffing ratio, typically 1:1 and staff have additional knowledge and skills in supporting children with complex needs. These children and young people tend to require highly specialist care that cannot be supported through the targeted programme. The child is in receipt of an individual support package from the Local Authority following a social care assessment of need.

For those children and young people with a specialist level of need, the Short Breaks activities might be part of a wider care package of support. The service may agree for a child to access specialist short break provision from the time a social work assessment has commenced. If they are not assessed as requiring specialist short break services under the Chronically Sick and Disabled Person's Act (1970) or the Care Act (2014), the child or young person would then be able to continue in targeted short break provision (see above).

# Targeted Services

## Primary-aged (5-10 years)

### Ability2Play

Sport Works  
Kidbrooke & Plumstead

Summer

Weekends

School Holidays

**What do they offer?** We offer an exciting activities and sports programme taking place during school holidays and Saturdays during term time. The programme offers the opportunity for children to learn and have fun while playing a variety of games and activities, including sensory games, art & crafts activities, and adapted sports. Saturday sessions take place in Kidbrooke, and holiday provision takes place in Kidbrooke and Plumstead.

**How can they help my child?** All games are inclusive and encourage the children to have fun, improve social skills and gain confidence while interacting in group settings. Activities are often adapted to meet individual needs and given new rules so it can be inclusive for all. We encourage the enjoyment and participation in the activities and not the winning and losing so that it can be fun for everyone and help improve their individual confidence.



**Session Length:** Saturdays – 4 hours;  
School Holidays - 5 hours; *100 hours equates to 20-25 sessions per year with Sport Works.*

**Cost:** £10 per session.

**The ideal short break for:** Our programme is aimed at children with any form of disability, including ASD, ADHD,

learning difficulties and/or physical disabilities. Sessions run on a 1:3 staff/child ratio in safe and secure settings at local schools, meaning that our trained and talented staff provide highly inclusive programmes with tailored care/support throughout. There will be a care worker on site to support with any toilet or medication needs.

**Contact details:**

Email: [Jake.Ramshaw@sportworksltd.co.uk](mailto:Jake.Ramshaw@sportworksltd.co.uk)

Tel: 07932 697499

Website: <https://www.sportworksltd.co.uk/>



## Targeted Services Secondary-aged (11-17 years)

### Community Adventures

Charlton Athletic Community Trust  
Avery Hill Youth Club, Eltham

School Holidays

Weekends

Summer

**What do they offer?** Fun, positive experiences and activities throughout the year. Sessions take place during school holidays and on Saturdays. Activities on offer include bowling, TOCA social interactive football, trampolining, pottery and trips to parks, forests, and farms. CACT also have access to Avery Hill Youth Club for hub-based sessions such as sports, arts and crafts, games and music therapy as well as offering access to the pool table and indoor sports hall.

**How can they help my child?** CACT offer a safe space for young people to engage with their peers and grow independence whilst making new friendships and taking part in a variety of community activities.

**Session Length:** 4 hours; 100 hours equates to 25 sessions per year with CACT.

**Cost:** £10 per session. Transport to and from home can be purchased for an additional £20 per session.



**The ideal short break for:** Young people looking to engage in activities in the community with their peers who may need additional adult support from qualified, experienced staff members.

#### Contact Details:

Email: [steven.bannan@cact.org.uk](mailto:steven.bannan@cact.org.uk)

Tel: 07984 732506

Website: <https://cact.org.uk>



## Specialist Services Primary-aged (5-10 years)

### On The Go Saturdays & Summer

Willow Dene School  
Swingate Lane, Plumstead

Weekends

Summer

**What do they offer?** At On The Go, we want children to come and play with different children and adults in a safe environment and have lots of fun. We want friendships to be made with peers and adults alike. We want to provide you with lots of different enjoyable experiences and opportunities such as outings into the local community, swimming, Forest School, cooking, arts and crafts, soft play, and ball pool. Our staff will support you to practise and learn new skills in a fun way. We have different equipment and resources that make sure everyone can access everything on offer.



**How can they help my child?** Staff from Willow Dene school will help you access all the different activities and support you in developing your independence, social skills and making progress towards your outcomes. If you can't voice what your likes/dislikes are, don't worry, the staff will be playing alongside you and observing what you are enjoying and engaging in most. They will know if an activity makes you anxious or stressed and will support

you through the experience. Staff are kind and caring and dedicated to you getting the most you can from the activities on offer.

**Session Length:** Saturday sessions – 4 hours; Summer sessions – 6 hours

**Cost:** £20 per session

**The ideal short break for:** Children who like lots of physical and creative activities and need a safe place to do this. We have different outdoor equipment that you can use such as trampolines, swings, climbing frames and a slide. We will always provide opportunities for this come rain or shine.

**Contact Details:**

Email: [wdsbsc@willowdene.compassps.uk](mailto:wdsbsc@willowdene.compassps.uk)

Tel: 020 8854 9841

Website: <https://www.willowdene.greenwich.sch.uk/>





## Specialist Services Primary-aged (5-10 years)

### All Kids Can Shooters Hill College

School Holidays

Summer

#### What do they offer?

**Holiday Club** - Our holiday clubs take place during school holidays throughout the year including Easter and February, May, and October half terms. They consist of various types of on-site and off-site activities such as cooking, arts and crafts, sensory activities, multisport sessions, music and performing arts as well as trips out to places such as zoo/farm trips, bowling, trampoline parks, museums, parks and seaside trips (weather permitting!).

**Summer Clubs** - Our Summer holiday club runs for one week in the summer, with similar activities to our holiday clubs.

**How can they help your child?** AKC is a trusted, specialist provider of Shorts Breaks with over ten years of working with disabled children and adults. They have a vast range of skilled consistent staff to support a range of SEN children with a wide variation of needs and disabilities. Whatever the needs of your child, AKC will endeavour to provide the opportunity to experience an array of activities in a safe environment. All courses are designed specifically for the needs of the group at the time so all can be included.

**Session Length:** 5 hours. *100 hours equates to 20 sessions per year with AKC.*

**Cost:** £20 per session. Transport to and from home can be purchased for an additional £20 per session.

**The ideal short break for:** Children aged 5-10 years old with all types of needs and disabilities who require higher levels of support and that are looking at accessing a range of on-site and off-site activities and trips. Specific needs of the children typically include ASD, learning difficulties and/or complex medical/health needs.

#### Contact Details:

Email: [shortbreaks@allkidscan.co.uk](mailto:shortbreaks@allkidscan.co.uk)

Tel: 0208 836 8906

Website: [www.allkidscan.co.uk](http://www.allkidscan.co.uk)



## Specialist Services Secondary-aged (11-17 years)

### All Kids Can Shooters Hill College

Weekends

School Holidays

Summer

#### What do they offer?

**Saturday Clubs** - Our Saturday clubs run during term time between school holidays. The sessions consist of various types of on-site and off-site activities such as cooking, arts and crafts, sensory activities, multisport sessions, music and performing arts as well as trips out to places such as zoo/farm trips, bowling, trampoline parks, museums, parks and seaside trips (weather permitting!).

**Holiday Club** - Our holiday clubs take place during school holidays throughout the year including February, Easter (2 weeks), May and October half terms. Activities are similar to the Saturday clubs with guaranteeing two trips off site per week (minimum).

**Summer Clubs** - Our Summer holiday clubs typically run throughout the month of August in the school/college summer holidays for 4 weeks back-to-back. Activities include those similar to the holiday clubs above as well as trips to different seashores every week!

**How can they help your child?** AKC is a trusted, specialist provider of Shorts Breaks with over 10 years of working with disabled children and adults. They have a vast range of skilled consistent staff to support a range of SEN children with a wide variation of needs and disabilities. Whatever the needs of your child, AKC will endeavour to provide the opportunity to experience an array of activities in a safe environment. All courses are designed specifically for the needs of the group at the time so all can be included.

**Session Length:** 5 hours; *100 hours equates to 20 sessions per year with AKC.*

**Cost:** £20 per session. Transport to and from home can be purchased for an additional £20 per session.

**The ideal short break for:** Young people aged 11-17 years old with all types of needs and disabilities who require higher levels of support and that are looking at accessing a range of on-site and off-site activities and trips. Specific needs of our students typically include ASD, learning difficulties and/or complex medical/health needs.

#### Contact Details:

Email: [shortbreaks@allkidscan.co.uk](mailto:shortbreaks@allkidscan.co.uk)

Tel: 0208 836 8906

Website: [www.allkidscan.co.uk](http://www.allkidscan.co.uk)



# Targeted & Specialist Services

## 16+ (up to 25 with an EHCP and Care Act eligibility)

### Brighter Futures

Equitable House, Woolwich

School Holidays

Summer

**What do they offer?** Brighter Futures provides a range of activities for young people aged 16-25 with an Education, Health, and Care plan. Those who are 18+ will have been assessed as eligible for support under the Care Act 2014\*. We have a wide range of activities that we deliver in-house such as cooking, arts and crafts and pottery. We also deliver a selection of activities with our partners in the community, such as with our local gym, Gardening Partners, Dance Academy, and inclusive multi-sports. Our aim is to work on activities that encourage independence and building of friendships whilst doing activities that are fun.

**How can they help my child?** As a specialist centre supporting young people with learning disabilities, Brighter Futures is closely linked with Compass Supported Living, a provision for adults with learning disabilities. We can offer high levels of support from qualified and experience staff. Our service is designed to work with young people transitioning to adulthood which we do by offering support to achieve agreed outcomes. We now also have our own cafe run by adults with learning disabilities which will empower them with the necessary skills to look at work opportunities or further education via apprenticeship in the future.

**Session Length:** 4 hours

**Cost:** £20 per session.

**The ideal short break for:** Young adults with complex needs, ASD, learning difficulties, behaviours that challenge and those transitioning into adulthood. Our centre is wheelchair accessible and therefore suitable for those with mobility issues.

\*If you are unsure if this applies to you or your young person, please contact the Short Breaks team to discuss

**Contact details:**

Email: [info@brighterfuturesproject.co.uk](mailto:info@brighterfuturesproject.co.uk)

Tel: 020 8191 9622

Website: <https://brighterfuturesproject.co.uk>

